




November

Monday	Tuesday	Wednesday	Thursday	Friday
<div>LET'S DO LUNCH!</div> <div>The Senior Center is a meal site for the FDL County Senior Nutrition Program. Served Monday—Friday at 11:45 a.m., lunch is available to all seniors regardless of income, with a suggested donation of \$3 for those age 60 or over. Registration for lunch is required by calling 929-3937 at least one day in advance by 1 p.m. Menus are available at the front desk or our website: fdlseniorcenter.com</div> <div><div>Senior Dining</div><div></div><div>Fellowship, Food & Fun</div></div>		<div>1</div> <div>7:00 Strong Bodies 8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes 10:00 Jam Session Practice 10:00 Low Impact Video Exercise 12:00 Hand & Foot 12:00 Canasta 1:00 Recreational Sheephead 1:15 Sheephead 3:30 Sewing Lab 7:30 Wed Night Dance</div>	<div>2</div> <div>8:00 Skat 9:00 Senior Outreach 9:00 Hand Chimes 10:00 When Someone You Care About Is Depressed w/Dr. Espen Klausen 10:00 Hiking 10:00 Scrapbooking 10:00 Beginning Bridge 12:00 ROMEO's—Gino's 12:00 Mahjongg 12:30 Bridge 1:00 Cribbage 1:00 Tech Tyme 1:00 Flying Geese Quilters 1:00 Movie— "Meagen Leavey" 5:00 Strong Bodies 5:45 TOPS #0566 6:00 Country Line Dancing 6:00 Chartastics Crafters Club 6:00 Local Parents of Angels</div>	<div>3</div> <div>9:00 Chair Tai Chi Concepts 10:00 Balance and Body Movement 10:00 Red Hat Chorus 10:30 Self Defense Class 1:00 Wii Bowling 1:00 Memories Writers Group 1:15 Sheephead 1:30 Game Day</div> <div>4 Saturday</div> <div>9:00 WRAP Art Workshop</div> <div>5 Sunday</div>
<div>6</div> <div>7:00 Strong Bodies 9:00 Low Impact Head to Toe Stretch 9:00 Woodcarving Club 1:00 Euchre 1:00 Recreational Euchre 1:00 German Club 1:00 Poker 1:15 Sheephead 5:30 Zumba Gold 5:30 FDL Artist Association</div>	<div>7</div> <div>8:30 Pool League 8 Ball 9:00 AARP Board Meeting 9:00 Tai Chi 10:00 Hiking 10:00 Acrylic & Oil Painting Class 10:00 Group Singing Class 12:00 Mahjongg 12:30 Bridge 1:00 Bingo-Sponsor: Harbor Haven 1:00 Stitchery Group 1:00 Drawing & Watercolor Class 3:15 Cardio Drumming 5:00 Strong Bodies 6:00 Winnebago Woodworkers @NFDL HS 6:00 Coin Club 6:00 Senior Dining-Schmittys Social at 5:00</div>	<div>8</div> <div>7:00 Strong Bodies 8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes 10:00 Jam Session 10:00 Low Impact Video Exercise 12:00 Hand & Foot 12:00 Red Hat Honey Harvest Gathering 1:00 Recreational Sheephead 1:15 Sheephead 1:30 Group Community Cares—All About Life 3:30 Sewing Lab 5:00 Getting Ahead Poverty Workshop 7:30 Wed Night Dance</div>	<div>9</div> <div>8:00 Skat 9:00 Foot Care 9:00 Hand Chimes 10:00 Hiking 10:00 Scrapbooking 10:00 Beginning Bridge 12:00 Mahjongg 12:30 Bridge 1:00 Cribbage 1:00 Tech Tyme 3:30 Melodies and Memories Choir 5:00 Strong Bodies 5:45 TOPS #0566 6:00 Country Line Dancing 7:00 Sunset Stitchers</div>	<div>10</div> <div>8:00 Veteran's Day Pancake Breakfast 9:00 Health Screenings- By FDL Lutheran Hm & Agnesian 9:00 Chair Tai Chi Concepts 10:00 Balance and Body Movement 10:00 Red Hat Chorus 10:30 Self Defense Class 1:00 Wii Bowling 1:00 Memories Writers Group 1:15 Sheephead 1:30 Game Day</div> <div>11 Saturday</div> <div>10:00 Beg. Country Line Dance</div> <div>12 Sunday</div>
<div>13</div> <div>7:00 Strong Bodies 9:00 Low Impact Head to Toe Stretch 9:00 Woodcarving Club 1:00 Euchre 1:00 Recreational Euchre 1:00 German Club 1:00 Poker 1:15 Sheephead 5:30 Zumba Gold</div>	<div>14</div> <div>8:00 LIPID Panel Glucose Screen 8:15 AARP Driver's Safety Class 8:30 Pool League 8 Ball 9:00 Tai Chi 9:00 Bagels with Ben 10:00 Hiking 10:00 Acrylic & Oil Painting Class 10:00 Group Singing Class 10:30 Holiday Card Making Class 12:00 Mahjongg 12:30 Bridge 1:00 Bingo-Sponsor: The Meadows 1:00 Stitchery Group 1:00 Drawing & Watercolor Class 3:15 Cardio Drumming 3:30 Parkinson Dance Class 5:00 Strong Bodies 6:00 Winnebago Woodworkers 6:00 Senior Dining-Parnells Social at 5:00</div>	<div>15</div> <div>7:00 Strong Bodies 8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes @St. Agnes 10:00 Jam Session Practice 10:00 Low Impact Video Exercise 12:00 Hand & Foot 12:00 Canasta 1:00 Movie— "The Hero" 1:00 Recreational Sheephead 1:15 Sheephead 7:00 Stamp Club 7:30 Wed Night Dance</div>	<div>16</div> <div>8:00 Skat 9:00 Foot Care 9:00 Hand Chimes @Fountain View 10:00 Hiking 10:00 Scrapbooking 10:00 Beginning Bridge 12:00 Mahjongg 12:30 Bridge 1:00 Cribbage 1:00 Tech Tyme 1:00 Getting Ahead Poverty Workshop 1:30 AARP 5:00 Strong Bodies 5:45 TOPS #0566 6:00 Country Line Dancing 6:00 Chartastics Crafters Club 6:00 Local Parents of Angels HT To Lambeau Field</div>	<div>17</div> <div>8:30 Welless Morning with Turkey Races 9:00 Chair Tai Chi Concepts 10:00 Balance and Body Movement 10:00 Red Hat Chorus 10:30 Self Defense Class 1:00 Wii Bowling 1:00 Memories Writers Group 1:00 Red Hat Pumpkin Decorating 1:15 Sheephead 1:30 Game Day</div> <div>18 Saturday</div> <div>10:00 Beg. Country Line Dance</div> <div>5:00 Supper Club—Sebastian's Steak House</div> <div>19 Sunday</div>
<div>20</div> <div>7:00 Strong Bodies 9:00 Low Impact Head to Toe Stretch 9:00 Woodcarving Club 9:30 Book Club 1:00 Euchre 1:00 Recreational Euchre 1:00 German Club 1:00 Poker 1:15 Sheephead 5:30 Zumba Gold 6:30 FDL Concert Association</div>	<div>21</div> <div>8:30 Pool League 8 Ball 9:00 Tai Chi 10:00 Hiking 10:00 Acrylic & Oil Painting Class 10:00 Group Singing Class 12:00 Mahjongg 12:30 Bridge 1:00 Bingo-Sponsor: Lincoln House 1:00 Stitchery Group 1:00 Drawing & Watercolor Class 3:15 Cardio Drumming 5:00 Strong Bodies 6:00 Winnebago Woodworkers at NFDL HS 6:00 Senior Dining- Jim & Linda's Social at 5:00</div>	<div>22</div> <div>7:00 Strong Bodies 8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes at The Villa 10:00 Jam Session 10:00 Low Impact Video Exercise 12:00 Hand & Foot 1:00 Recreational Sheephead 1:00 Genealogy Group 1:00 Umbrella Brigade at Diverse Options and Fountain View Ripon 1:15 Sheephead 7:30 Wed Night Dance</div>	<div>23</div> <div></div> <div>Due to Thanksgiving, the Alzheimer's Support Group meeting will be held next week Thursday</div>	<div>24</div> <div></div> <div>25 Saturday</div> <div>10:00 Beg. Country Line Dance</div> <div>26 Sunday</div>
<div>27</div> <div>7:00 Strong Bodies 8:30 Newsletter Assembly 9:00 Low Impact Head to Toe Stretch 9:00 Woodcarving Club 1:00 Euchre 1:00 Recreational Euchre 1:00 German Club 1:00 Poker 1:15 Sheephead 5:30 Zumba Gold</div>	<div>28</div> <div>8:30 Pool League 8 Ball 9:00 Tai Chi 10:00 Hiking 10:00 Acrylic & Oil Painting Class 10:00 Group Singing Class 12:00 Mahjongg 12:30 Bridge 1:00 Bingo-Sponsor: Visiting Angels 1:00 Stitchery Group 1:00 Drawing & Watercolor Class 2:00 Community Cares 3:15 Cardio Drumming 5:00 Strong Bodies 6:00 Winnebago Woodworkers at NFDL HS 6:00 Senior Dining-Roepke's Social at 5:00</div>	<div>29</div> <div>7:00 Strong Bodies 8:30 Pool League 9 Ball 8:30 SCAMP 9:00 Hand Chimes @Luth. Home 10:00 Jam Session 10:00 Low Impact Video Exercise 12:00 Hand & Foot 12:00 Canasta 1:00 Recreational Sheephead 1:00 Genealogy Group 1:00 Umbrella Brigade at All About Life 1:15 Sheephead 7:30 Wed Night Dance</div>	<div>30</div> <div>8:00 Skat 9:00 Hand Chimes@Adelaide Pic Is an iPad or Tablet for You? 10:00 Hiking 10:00 Beginning Bridge 12:00 Mahjongg 12:30 Bridge 1:00 Cribbage 1:00 Tech Tyme 1:00 Getting Ahead Initiative 5:00 Strong Bodies 5:45 TOPS #0566 6:00 Country Line Dancing 6:30 Alzheimer's Support Group</div>	<div>**All Orange Events are held Offsite</div> <div>Billiard Room open daily for open Pool except during league playing time.</div> <div>OFFSITE SUPPORT GROUPS</div> <div>11/13 10:00 Parkinson's Support Group- Aurora Health Care</div> <div>11/14 8:30 Prostate Cancer Support Group-Rolling Meadows Family Restaurant</div> <div>11/21 4:00 Diabetic Support Group at Aurora Health Care Center</div>